



## FREQUENTLY ASKED QUESTIONS

### WHAT IS THE MAX GRANT REQUEST?

- The Blue Cross of Idaho Foundation for Health will be awarding grants up to \$20,000.
- Only ONE brief proposal is permitted from each organization.
- Funding will not support endowment or capital costs, research on drug therapies or devices, or lobbying.

### WHO CAN APPLY FOR FUNDING?

Eligible organizations include governmental agencies, Universities, Colleges, and public charities that are tax exempt under section 501(c)(3) of the Internal Revenue Code. Organizations must be Idaho based and the target population must be Idaho children. Only ONE brief proposal is permitted from each organization.

The Blue Cross of Idaho Foundation for Health can only fund organizations located in Idaho and serving Idahoans.

### CAN ORGANIZATIONS APPLY TOGETHER?

Partnerships and consortiums are highly encouraged. Examples include:

- School districts submitting a grant request together
- Organizations working together to provide a training in multiple regions
- Across disciplines and sectors
- Regional collaboratives

### WHAT TYPE OF PROJECTS/PROGRAMS WILL BE FUNDED?

Lack of awareness and stigma keep many children who have behavioral health concerns from getting help. Early recognition and intervention can help prevent academic failure, substance abuse, and involvement in the justice system. One step to improving youth behavioral health in Idaho is workforce development and training individuals who interact with youth in early identification and developing skills to respond and assist.

Training topics could include but are not limited to the following topics:

- Common mental health challenges among youth- depression, anxiety, ADHD
- Recognizing warning signs
- Understanding behavior disorders, mood disorders, learning and development
- Bullying
- Social interaction
- Emotional wellbeing
- Opportunities to improve:
  - Self-image
  - Self-esteem

#### **Target Audience:**

Target audience for trainings and workforce development projects should include individuals who interact and serve youth, for example:

- Parents
- Teachers
- Child care providers
- After-school staff
- Medical providers
- Behavioral health professionals



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### WHAT IS THE TIMEFRAME FOR THE GRANT?

Grant funds will be issued before the end of December 2016. Funded projects can begin January 2017 and be completed before December 2017.

### WHAT IS THE APPLICATION PROCESS?

One proposal per organization may be submitted for consideration. Please utilize the proposal template available on the website: [highfiveidaho.org](http://highfiveidaho.org). Instructions are included on the template.

**THE DEADLINE FOR PROPOSALS IS 5PM MST, DECEMBER 1, 2016.**

Please e-mail proposals to [grants@bcidahofoundation.org](mailto:grants@bcidahofoundation.org)

### ARE THERE GUIDELINES AND TEMPLATES FOR THE PROPOSAL?

Please utilize the proposal template available on the website: [highfiveidaho.org](http://highfiveidaho.org). Instructions are included on the template.

### WHAT ARE THE APPLICATION DEADLINES?

Proposals are **DUE BY 5PM MST ON DECEMBER 1, 2016**. Please email proposals to [grants@bcidahofoundation.org](mailto:grants@bcidahofoundation.org)

Grant decisions will be announced mid-December.

[bcidahofoundation.org](http://bcidahofoundation.org)

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